DISCOVER THE POWER OF EXOSOMES & STEM CELLS
The Next Frontier of Regenerative Medicine!

PRMEDICA has developed new protocols harnessing the power of exosomes to create a new class of therapeutics, broadening the scope and improving the efficacy of their already amazing stem cell treatments. The new stem cell protocols with added exosomes provide superior therapy with enhanced healing benefits.

PRMEDICA are leaders in Preventive and Biocellular Regenerative Medicine and provide the latest advances in stem cell and exosome therapy for the treatment of degenerative joint conditions, orthopedic injuries, neurological conditions, chronic degenerative diseases, and many other conditions.

Listed below are diseases and conditions treated at PRMEDICA that have proven responsive to stem cell and exosome therapy.


For more information about PRMEDICA and the conditions we treat, please review the contents of this brochure.
This brochure contains information about the latest advances in stem cell and exosome procedures for treating painful degenerative joint conditions and many other chronic degenerative diseases. It also reviews the most advanced screening and diagnostic technology for the accurate assessment of one's health, tests that can quickly detect many diseases before they start.

PRMEDICA are leaders in Biocellular Regenerative Medicine and provide the latest advances in stem cell therapy for treating orthopedic injuries, and painful degenerative joint conditions. We have achieved significant success in treating diabetes, chronic degenerative diseases, neurological diseases, and many other conditions. PRMEDICA also provides a complete range of wellness and anti-aging treatments that include Wellness IV therapy, Ozone therapy, Chelation therapy, IV Vitamin cocktails, IV Drip Immune Boosters, Hyperbaric oxygen therapy, and skin rejuvenation treatments.

PRMEDICA specializes in preventive medicine, with the latest state-of-the-art equipment and technology for accurate diagnosis of your health. We use the most advanced screening and diagnostic technology that can quickly identify many diseases before they start. We offer a variety of health check-up plans which can be tailored to your specific needs. Our signature plan is the Executive Health Check-Up for those who lead a demanding and stressful lifestyle and is the most comprehensive health check-up plan available.

PRMEDICA are the leaders in medical tourism in Los Cabos, one of the top tourist vacation destinations in Mexico. We welcome clients every day from abroad, particularly from Canada, the USA, and the Asia Pacific for treatment at our clinics in Mexico. We make travel arrangements and book accommodations, providing local transportation to and from our medical facilities. We work hard to ensure that our clients have a safe and enjoyable stay while visiting Los Cabos.
Corporate Affiliations

PRMEDICA is affiliated with Instituto de Terapia Celular (ITC), a leading stem cell bank and provider with labs in Guadalajara, Mexico. ITC provides stem cells for clinical and commercial applications worldwide. They are pioneers in stem cell development and research in Mexico, with many years of experience in stem cell therapy and the application of exosomes.

PRMEDICA is affiliated with Santer Medico (Regene Globe), a Mexican corporation in Guadalajara dedicated to stem cell research and development. They are a licensed stem cell bank with a fully equipped laboratory using the latest technology for the isolation and culture of adult stem cells from the umbilical cord (Wharton’s Jelly), for therapeutic use. Santer specializes in working with adult mesenchymal stem cells for research, development, and medical use.

PRMEDICA is affiliated with Kimera labs in the USA, a leading exosome biotechnology laboratory specializing in the production of perinatal mesenchymal stem cell-derived (MSC) exosome products for scientific and clinical research. Since 2012, Kimera Labs has invested significant resources into exosome isolation and therapy protocols for the treatment of burns, orthopedics, COPD and inflammatory diseases.

PRMEDICA offers the support and expertise of the leading stem cell and exosome research clinics in Mexico and the USA and employs highly skilled medical professionals to provide clients the latest and most advanced stem and exosome treatments worldwide.

About Stem Cells

Stem cells are the foundational cells for every organ and tissue in the body. Stem cells are a unique category of cells that can divide indefinitely without losing their properties and can produce other specialized cells.

Adult stem cells are found in different types of tissue throughout the body such as the bone marrow, brain, blood, blood vessels, skeletal muscles, skin, and liver. They remain in a dormant or non-dividing state sometimes for years until activated by disease or tissue injury. When the body suffers an injury, they follow blood platelets to the injured site and transform into the same type of cell that was injured to promote healing.

Mesenchymal Stem Cells

Mesenchymal stem cells are obtained from tissues like adipose (fat), bone marrow, umbilical cord, and placenta. They are normally derived from the patient’s fat cells or donated placentas. The stem cells that are processed in our laboratory in Guadalajara are harvested after normal,
healthy births. Donors have been tested for infectious and severe diseases. The stem cells are then screened and tested to International Blood Bank Standards and to strict guidelines set forth by both the Food and Drug Administration and the American Association of Tissue Banks (AATB). Evidence shows that mesenchymal stem cells derived from the placenta and umbilical cord are more robust than those from other sources such as fat and bone marrow.

**Stem Cell Therapy**

Stem cell therapy is a treatment where stem cells that are derived from the patient’s fat cells and bone marrow, or from a donor, are injected into the damaged area. These cells naturally supplement the body’s stem cells to increase the potential to regenerate and repair diseased or damaged tissue and help the injury heal faster.

People who may benefit from stem cell therapy include those suffering from osteoarthritis and other degenerative joint diseases, spinal cord injuries, diabetes, Parkinson’s disease, Alzheimer’s disease, aging skin, and many other conditions. **PRMEDICA**, in association with their affiliates, research and develop many procedures to apply stem cell therapy with significant success and have received numerous testimonials of excellence.

Check patient testimonials at: [https://prmedica-inc.com/testimonials](https://prmedica-inc.com/testimonials)

**What are Exosomes?**

**PRMEDICA** now offers the latest in biocellular regenerative medicine in conjunction with our stem cell therapies. Exosomes are extracellular vesicles secreted by mesenchymal stem cells and released from their membranes. They deliver different cargos of information between numerous kinds of cells. These bioactive molecules (RNA, growth factors, cytokines) essentially signal resident stem cells, which are found throughout all the tissues of our bodies, affect the phenotypic and physiological expression of our healing mechanisms, inflammation cascades, and immune regulation.

Exosomes are known to play an important role in cognitive and motor functions while interacting with the central nervous system (CNS). Exosomes pass through the brain-blood barrier and enhance communication in the CNS by repairing peripheral nerves and neuronal injuries. This fact favors exosomes as an important asset for targeted approaches in the diagnoses and treatments of neurological conditions such as Alzheimer’s Disease, Parkinson’s and Autism.

**PRMEDICA** synergizes exosome therapeutics with stem cell treatments, and the combination of stem cells and exosomes improves the overall efficacy of our treatments.
PRMEDICA offers the latest in biocellular regenerative medicine in conjunction with our stem cell therapies. PRMEDICA has developed new protocols harnessing the power of exosomes to create a new class of therapeutics to broaden the scope and improve the efficacy of our already amazing stem cell treatments.

We have developed new advanced protocols for the treatment of degenerative joint diseases such as the knee, hip, shoulder, back, neck, feet, hand, elbow, and ankle. We also have developed new protocols for treating the symptoms of Alzheimer’s disease, Parkinson’s, Autism, diabetes and many other conditions.

Much of our success is the result of the types and quality of stem cells used for the many diseases treated at the clinic. We use Mesenchymal stem cells (MSCs) from neonatal sources such as the human umbilical cord and the placenta which comprise a heterogeneous population of multipotent progenitors that possess biological properties making them special candidates for cell therapy. MSCs interact with both innate and adaptive immune cells and thus exert profound effects on immune responses.

Using mesenchymal stem cells in combination with exosomes assures that we can treat many diseases and achieve a high level of success. Check patient testimonials at: https://prmedica-inc.com/testimonials

Treatable Diseases and Conditions

We have listed the most common diseases and conditions that specialists at PRMEDICA confirm are responsive to stem cell therapy. We are constantly developing new advanced protocols for diseases and conditions that can be treated with stem cells and exosomes.

Degenerative Joint Disease:  
(Knees, hips, shoulders, back, neck, hands, feet, elbows, and ankles)

The symptoms of degenerative joint disease are caused by the gradual deterioration of articular cartilage on joint surfaces. Cartilage protects our joints and allows them to move smoothly. Without articular cartilage, raw joint surfaces abrade one another and rapidly erode away.

Treating the degenerative joint disease of the knees, shoulders, hips, back, and neck is one of the main procedures performed at the clinic with a high rate of success. The clinic has researched and developed more advanced protocols for the treatment of joint disease and our new procedures have achieved a high rate of success.
Procedure for the Treatment of Degenerative Joint Disease:

- The process starts with X-ray, MRI or ultrasound images of the affected joint(s), and complete blood work to check for infectious diseases and cancer markers to determine if the client is a suitable candidate for stem cell therapy.

- If the client is suffering pain & inflammation of the joint the doctor may recommend ozone therapy to ease the pain and reduce inflammation at least one day before the stem cell treatment. The ozone is injected into the affected joint(s) and this will reduce inflammation and pain and prepares the joint for stem cell and exosome treatment.

- The doctor reviews the condition of joint(s) and decides on the number of stem cells and exosomes and method of application to provide optimal results of the patient's condition. Depending on the severity of the condition the doctor may inject 25 million to 50 million mesenchymal stem cells and 1ml. Amnio2 exosomes (approx. 3 billion) into the affected joint.

- The doctor will inject directly into the affected joint(s) after ultrasound examination, and for hips, wrists and ankles using ultrasound guidance to pinpoint with absolute precision the exact location of the injection. If multiple joints are treated the doctor may apply stem cells and exosomes by intravenous infusion.

In addition, the client is given a nutrient supplement to be taken orally for 3 months to help with the restoration of the cartilage. As part of the advanced protocol, we also recommend the stem cell booster implant which contains nutrients derived from the placenta and is injected into the fatty tissue of the abdomen with a tiny needle that goes just under the skin. The implant slowly releases nutrients over a prolonged period to activate and nourish the body's own stem
cells to enhance the healing process. The booster implant is mixed with ozonated PRP which is spun in the centrifuge. This process will improve the disbursement of the nutrients in the body. 20% more nutrients have been added to the booster implant to provide longer-lasting benefits. The implant provides an overall feeling of well-being and promotes good health. Immediately after the stem cell procedure, you can use the joint normally. The rate of improvement depends on the severity of the case, but in general, improvement is documented between 90% to 95% effective.

Knee Joint:
Stem cell and exosome therapy for the knee is our most successful treatment, having a high percentage of patients with significant long-term benefits. In case of severe damage, we have other protocols and options for treatment before considering knee replacement surgery.

PRMEDICA has developed advanced nonsurgical procedures for the treatment of knee joints, using mesenchymal stem cells and exosomes, and with ozonated platelet-rich plasma. This mixture is injected directly into the intra-articular space of the knee. This single-session procedure provides long-term, often permanent results of the treated knee.

For the treatment of degenerative disease of the knee joint read the procedure detailed above in the section Degenerative Joint Disease.

Shoulder Joint:
The glenohumeral (shoulder) articulation is one of the strongest and most active of our articulations due to the many kinds of motion and combination of motions it achieves. At the same time, it is delicate in the sense that we often abuse the shoulder. Most of the shoulder joint issues are related to sports injuries or accidents.

For the treatment of degenerative disease of the shoulder joint read the procedure detailed above in the section Degenerative Joint Disease.

Hip Joint:
As with knees, the femoral-acetabular (hip) joint, is one of the most commonly affected articulations in our bodies because like knees, the hip bears the weight of the body.

Our treatment is similar in technique and approach to knee treatment, but the hip is slightly more complex for the attending doctor to place the needle exactly in the intra-articular space without touching any
other structures. For this reason, we use advanced Doppler ultrasound guidance in combination with a mild relaxing medication, freeze the area and make sure our patients are comfortable before starting any procedures.

For the treatment of degenerative disease of the hip joint read the procedure detailed above in the section Degenerative Joint Disease.

Degenerative Back Disease and Neck Disease
We treat locally with an infiltration of mesenchymal stem cells and exosomes, combined with ozonated PRP. Depending on the number of segments affected the doctor will take the decision to do a local infiltration only, or a combination with an intravenous infusion of stem cells and exosomes.

For the treatment of degenerative disease of the Back and Cervical Spine (neck) visit our website https://prmedica-inc.com/neck-back/

Neurological Diseases
The neurogenic properties and immune-modulatory effects of Mesenchymal stem cells (MSCs) and exosomes provide a foundation upon which MSCs can be used to treat neurological disorders. The new and advanced protocol for treating the symptoms of Alzheimer’s, Parkinson’s, and Autism are detailed on our web page www.prmedica-inc.com

Alzheimer’s Disease
Alzheimer's disease is a progressive neurodegenerative disorder and is the leading cause of dementia in late adult life. Although the prevalence of dementia continues to increase worldwide, incidences have decreased in the western world resulting from better vascular care and improved brain health. Age-related, protective, disease-promoting factors probably interact with the core mechanisms of the disease.

The treatment at our clinics helps to minimize the symptoms of Alzheimer’s disease, which is a chronic, neurodegenerative and idiopathic condition. We achieve this by administrating a combination of stem cells and exosomes to promote neuronal survivability, stimulate neuronal stem cells and reduce brain inflammation.

Additional objectives of the treatment are focused on increasing the quality of life of our patients by improving general metabolic functions.
This is done through a combination of therapies that increase the amount of cell oxygen intake, fulfill the body’s requirements of vitamins, minerals, and antioxidants, and cleanse the blood-flow of calcium plaque, heavy metal buildup, oxidative stress, and free radical levels.

**Procedure for treatment of Alzheimer’s Disease:**

The neuroprotective properties of mesenchymal stem cells (MSCs) and MSCs exosomes inhibit neuroinflammation, increase neurogenesis, enhance neurite remodeling, increase cell proliferation and improve neurological function.

- Low dose mesenchymal stem cell IV infusion. One million stem cells per kilogram or less.
- 3 IV infusions of 5ml. Exosomes. The exosomes can be administered as a single dose or over 15 days depending on your attending physician instructions.
- For severe symptoms, an additional intrathecal injection of 3ml. exosomes is performed by an anesthesiologist in an operating room.
- 8 – 10 Ozone autohemotherapy sessions.
- 8 – 10 Hyperbaric Oxygen Therapies. (1.5 hours per session)
- 8 – 10 Myer’s cocktails.
- 8 – 10 Chelation Therapies.
- Stem Cell Booster Implant.

For the complete protocol contact the clinic for details.

**Parkinson’s Disease**

Parkinson’s disease is a neurological disorder with evolving layers of complexity. The complexity of Parkinson’s disease is accompanied by clinical challenges, including an inability to make a definitive diagnosis at the earliest stages of the disease and difficulties in the management of symptoms at later stages.

The treatment at our clinics is aimed to minimize the symptoms of Parkinson’s disease which is a chronic, neurodegenerative and idiopathic condition. The principal objective of our treatment is to promote tissue regeneration and repair damage done due to the progressive nature of the disease. We achieve this with the tissue regeneration properties of stem cells in conjunction with the growth factors and the anti-inflammatory biomolecules of exosomes.

Additional objectives of the treatment are focused on increasing the quality of life of our patients by improving general metabolic functions. This is done through a combination of therapies that increase the amount of cell oxygen intake, fulfill the body’s requirements of vitamins, minerals, and antioxidants, and cleanse the blood-flow of calcium plaque, heavy metal buildup, oxidative stress, and free radical levels.
**Procedure for treatment of Parkinson’s Disease:**
The neuroprotective properties of mesenchymal stem cells (MSCs) and MSCs exosomes inhibit neuroinflammation, increase neurogenesis, enhance neurite remodeling, increase cell proliferation, and improve neurological function.

- **Mesenchymal stem cell IV infusion.** 1 to 1.5 million stem cells per Kg.
- **3 IV infusions of 5ml. Exosomes.** The exosomes can be administered as a single dose or over 15 days depending on your attending physician instructions.
- **For severe symptoms,** an additional intrathecal injection of 3ml. exosomes is performed by an anesthesiologist in an operating room.
- **8 – 10 Ozone autohemotherapy sessions.**
- **8 – 10 Hyperbaric Oxygen Therapies.** (1.5 hours per session)
- **8 – 10 Myer’s cocktails.**
- **8 – 10 Chelation Therapies.**
For the complete protocol contact the clinic for details.

**Autism Spectrum Disorder**
The treatment at our clinics is aimed to slow the progression and minimize the symptoms of Autism, which is a neurodevelopmental, idiopathic disorder. Our regenerative treatment using cell and microvesicle therapies is intended to address the neurological and metabolic effects of the disorder. We start treatment with an IV combination of stem cells and exosomes to promote connectivity in the brain, assist in nerve regeneration, reduce brain inflammation and regulate abnormal immune responses.

The next steps in our treatment is focused on increasing the quality of life of our patients by improving general metabolic functions. This is done through a combination of therapies that increase the amount of cell oxygen intake, fulfill the body’s requirements of vitamins, minerals, and antioxidants, and cleanse the blood-flow of calcium plaque, heavy metal buildup, oxidative stress, and free radical levels.

**Autism Protocol:**
The neuroprotective properties of mesenchymal stem cells (MSCs) and MSCs exosomes inhibit neuroinflammation, increase neurogenesis, enhance neurite remodeling, increase cell proliferation and improve neurological function.

- **Low dose mesenchymal stem cell IV infusion.** One million stem cells per kilogram or less.
- **3 IV infusions of 5ml. Exosomes.** The exosomes can be administered as a single dose or over 15 days depending on your attending physician instructions.
- **An intrathecal injection of 3ml. exosomes is performed by an anesthesiologist in an operating room.**
- **8 – 10 Ozone autohemotherapy sessions.**
- **8 – 10 Hyperbaric Oxygen Therapies.** (1.5 hours per session)
- **8 – 10 Myer’s cocktails.**
- **8 – 10 Chelation Therapies.**
- **Stem Cell Booster Implant.**
For the complete protocol contact the clinic for details.
Diabetes

Based on scientifically proven studies, PRMEDICA in conjunction with associated clinics in Guadalajara has developed a treatment for diabetes with excellent results. The basis for the treatment is to administer adult stem cells and exosomes and to consume specialized products that collectively regenerate the damaged organs that cause diabetes. Stem cells have the ability to develop and regenerate the cells of our bodies responsible for generating insulin. Thus, our patients recover their natural function of processing glucose and converting it into the necessary energy. With this treatment, the condition reverts and quality of life is recovered, achieving a significant or total reversion of the illness of diabetes. For more information visit our website https://prmedica-inc.com/padecimientos-diabetes/

Anti- Aging

After 40, we gradually experience the telling signs of old age: poor concentration, memory loss, fatigue, aches and pains, mood swings, hair loss, wrinkles, age spots, reduced sex drive, insomnia, and frailty. As we age, our body’s repair cells naturally dwindle over time. Many signs of aging happen due to the depletion of the repair cells that are responsible for maintaining our bodies. This process, however, can be reversed by replenishing aging stem cells with younger cells. New stem cells will regenerate tissues that have been lost because of time.

PRMEDICA recently developed an advanced biocellular, nanoparticle approach to reverse aging that potentiates the revitalizing effects of stem cells with exosomes. Exosomes are micro-vesicles harvested from the membranes of stem cells and are the key to cell interaction. Due to their minute size, they pass through the blood-brain barrier and deliver growth factors and the anti-inflammatory biomolecules of stem cells directly into the brain. Inside the brain, exosomes promote communication among brain cells and start protective mechanisms that translate in better cognitive and motor skills. In the rest of the body, exosomes stimulate the repair of multiple tissues and modulate abnormal inflammatory responses.

The new anti-aging protocol replenishes the body’s stem cells with placental mesenchymal stem cells from carefully selected donors. A patient receives 75 to 150 million stem cells by IV infusion plus 10 ml. to 15 ml. of exosomes (10 to 15 billion exosomes). The treatment includes a stem cell booster implant, ozone therapy, supercharged IV vitamins, antioxidants, and chelation therapy.

This comprehensive treatment will repopulate your stem cell supply, restore memory, regenerate degraded tissue, reduce swelling, boost energy levels, adjust sleeping patterns, increase sex drive, improve moods, and cleanse the bloodstream. As a result, your body becomes rejuvenated and you will also notice aesthetic improvements such as better skin and stronger hair and a noticeable improvement of your overall appearance.
Check details about Executive Check-up & Wellness/Anti-Aging Plan for clients seeking the most comprehensive anti-aging treatment plan available at PRMEDICA (See Page 19)

Dermiblast Plus. Facelift for Aging skin.

Dermiblast Plus is a single session facelift that significantly restores aging skin, resulting in a complete facial rejuvenation without surgery. It’s a combination of Fibroblasts, Mesenchymal Stem Cells, Platelet-rich Plasma and Hyaluronic Acid specially designed to treat aging skin, particularly the face, neck, chest, and back of the hands.

The primary cause of skin aging is a decrease in collagen, elastin, and glycosaminoglycan (GAG) formation. The only cell in the body that produces collagen, elastin, and GAG is called a fibroblast. Without these three proteins produced by the fibroblasts, the skin loses elasticity, firmness, and moisture. This results in wrinkling of the face, especially in the forehead, around the eyes, lips, and corners of the mouth. Mesenchymal stem cells produce fibroblasts, which regenerate skin tissue, hydration, and fullness. It restores your missing collagen and elasticity.

The Dermiblast Plus Facelift uses fibroblasts and mesenchymal stem cells from clinically approved donors and is mixed with platelet-rich plasma obtained from the patient’s own blood. The combination of fibroblasts, stem cells, and PRP are injected into the mid-structures of the face and below the skin surface with a micro-needling device. This achieves a diffused infusion of concentrated platelet growth factors, fibroblasts and mesenchymal stem cells throughout the dermis of the face.

After this, a specially prepared Bio-Filler of concentrated platelets with added hyaluronic acid is strategically placed in the smile lines, crow's feet, chin, cheeks, forehead, and corners of the mouth using a tiny needle. The platelets contain numerous growth factors that stimulate the fibroblasts and stem cells to achieve total facial rejuvenation. It adds volume and smooths out the deep creases and wrinkles in the face. This is a single session treatment and the results are long-lasting, depending on how the patient cares for their skin. A second application of PRP may be given 6 to 8 weeks later to stimulate the effects of the fibroblasts and stem cells to produce longer-lasting results up to 2 years or more. Also included in the treatment is a facial cream containing numerous growth factors that will help maintain firmness, elasticity, and hydration of the skin. The procedure takes about 90 minutes and the effects are immediate.

Medical Spa

PRMEDICA has opened a medical spa that has researched and developed many procedures using stem cell and exosome therapy with beneficial results, and have numerous testimonials of excellence. PRMEDICA continues to research new therapies and develop new
protocols in their pursuit of excellence. For more information about the new treatments available at the medical spa, please contact us by email or telephone.

Check patient testimonials at: https://prmedica-inc.com/testimonials

**Stem Cell Booster Implants**

As part of the advanced protocols, we also recommend the stem cell booster implant which contains nutrients derived from the placenta and is injected just under the skin into the fatty tissue of the abdomen. The implant will slowly release nutrients to activate and nourish the body’s stem cells and enhance the healing process. It also prepares the body for IV stem cell infusion and improves and prolongs the regenerative process.

The booster implant is mixed with a sample of the client’s blood which is spun in the centrifuge. This process will improve the disbursement of the nutrients in the body. 20% more nutrients have been added to the booster implant to provide longer-lasting benefits.

The stem cell booster implant provides an overall feeling of well-being and promotes good health for up to 12 months. Price **$500 US**

**Wellness IV Stem Cell Therapy**

By applying a large number of stem cells and exosomes (up to 100 million stem cells and 10 billion exosomes) by IV infusion, we slow down the aging process by simultaneously stimulating the repair of multiple tissues of the body.

To hasten this process, we include a stem cell booster implant that is placed in the fatty tissues of the abdomen and slowly releases nutrients to activate and nourish the body’s stem cells. The nutritional implant prepares your body for the stem cell and exosome IV infusion and will enhance and prolong the body’s regenerative process.

**Benefits of Wellness IV Stem Cell Therapy**

- Energy boost
- Relief of painful conditions
- Decreased inflammation
- Positive changes in mood
- Improvement sleep quality
- Circulation improvement
- Better skin appearance and hair reinforcement
- Better response to your medical treatments
- Preventive care & maintenance of good health

The Wellness IV Stem Cell Therapy provides a positive feeling of well-being and helps maintain good health for a period up to 1 to 2 years.
Ozone Therapy

Ozone therapy works on the principle that medical grade ozone (O3), a highly reactive form of pure oxygen, can trigger healing responses in the body. Injecting ozone into an affected joint quickly reduces pain and improves function and the quality of life for people suffering from arthritis and other degenerative joint conditions.

Benefits of Ozone Therapy

• Stimulate the immune system to speed up the healing
• Has anti-inflammatory properties that reduce swelling and pain
• An effective antibiotic
• Improve circulation by enhancing blood flow
• Relieve muscular aches and pain. Build muscle and dissipates fat
• Boosts energy levels so your body stays healthy.
• Fight infection and speeds recovery

For a comprehensive report on the benefits of Ozone Therapy visit medical report.pdf

If you are suffering from joint pain and considering stem cell therapy, ozone therapy is often the first step on the path to recovery. PRMEDICA specializes in advanced stem cell therapy and often recommends ozone therapy as part of the healing process.

Ozone therapy usually requires 6 to 10 sessions of IV infusions or injections to achieve optimal results.

IV Vitamins

The super-charged B vitamin cocktail will you get through your daily routines and activities without feeling tired. It contains B vitamins for energy, magnesium to regulate your biochemical systems, and improves nerve and glucose control while helping prevent memory loss.

IV Therapies Available Based on the Myers Cocktail Protocol

• Myers Cocktail: works by increasing the blood circulation of several vitamins and minerals beyond what can be achieved when taking supplements orally.
• Myers Rehydrate: helps make muscles and joints work better, cleanses toxins from your body, and is effective for rehydration.
• Myers Super Boost Revival: Your Red Carpet Best! All the stated benefits of the famous Myer’s Energy Cocktail. All the benefits of our Body Rejuvenation IV infusion, which includes Glutathione (super antioxidant).
Myers Body Rejuvenation Cocktail:
Glutathione will help boost immune function, detoxify the liver, improve skin elasticity and produce a healthy glow.

IV Immunity Booster.
PRMEDICA has developed advanced protocols to fortify the body’s immune system against Colds, Influenza virus, Respiratory illnesses, with added Mesenchymal Stem Cell Exosomes to boost the immune system to help combat COVID-19.

IV Drip Immunity Booster
Is a multivitamin and mineral complex with extra Vitamin C, Vitamin B, Glutathione. Magnesium, Selenium, and Omega complexes that promote immunity protection for up to 4 weeks.

IV Infusion Mesenchymal Stem Cell Exosomes
Includes 5 ml. MSC exosomes (5 billion optimal-purified, isolated Kimera exosomes), 3 Myers Cocktails and 3 IV ozone which helps provide immunity protection for up to 12 months.

IV Infusion Mesenchymal Stem Cell Exosomes & Stem Cell Booster
Includes 10 ml. MSC exosomes (10 billion optimal-purified, isolated Kimera exosomes), Stem Cell Booster Implant, 3 Myers Cocktails and 3 IV ozone which helps provide immunity protection for up to 2 years.

OTHER IV DRIP Therapies
The following IV Drips are available at PRMEDICA Medical Spa:
*Skin Glow *Cleanse & Detox *Skinny Drip *Migraine Drip *Rejuvenation *Fatigue & Chronic Pain *Anti-Allergy *Neuro Booster *Narcotic Withdrawal/Alcoholism *Athletic Performance Booster *Customized IV DRIPS for many other treatments.

Chelation Therapy
Chelation therapy is a treatment used in conventional medicine for removing heavy metals (including mercury) from the blood. It involves intravenous injections of a chelating agent, DSMO (Dimethyl Sulfoxide). DSMO binds to heavy metals and minerals in the blood so that they can be excreted in the urine.

Toxins are everywhere! Lead, mercury and other heavy metals are part of our lives. This drip attracts and removes the conglomeration of toxins the patient is exposed to daily. This positively affects the normal metabolism of harmful substances that would otherwise deposit in the body for long periods of time.

Intravenous Chelation is recognized as an effective therapy to combat atherosclerosis (hardening and/or blockage of the arteries). Not only is it the solution for many people suffering from atherosclerosis, but is an excellent preventive method that slows down internal aging.
PRMEDICA specializes in the administration of DSMO intravenously. This therapy treats various diseases and conditions caused by
deposits of calcium in the arteries and by the accumulation of heavy metals. Chelation therapy drags and discards our body's deposits of calcium, heavy metals. It reduces cholesterol and triglyceride levels, rejuvenates the arteries and veins, and renews the peripheral circulatory system.

### Platelet-Rich Plasma

Platelet-rich plasma, or PRP, is a powerful growth substance obtained from a person's own blood. When reintroduced to the body, it can be an effective method to stimulate your body's natural growth processes for tissue regrowth.

Platelet-rich plasma may be used to address a variety of conditions, including facial rejuvenation, hair restoration, and various orthopedic conditions because it stimulates tissue regrowth, reduces pain and enhances mobility.

A consultation with our team in Los Cabos can help determine if PRP could help you achieve your goals. They can help determine your unique treatment plan. Contact PRMEDICA for more information.

### Hyperbaric Chamber

Hyperbaric oxygen therapy (HBOT) or hyperoxygenation is a method of administering pure oxygen (O2) at a higher atmospheric pressure in a pressurized chamber to treat a medical condition. Clinical applications of Hyperbaric Oxygen (HBO) can be used as a primary mode of therapy in carbon monoxide poisoning, cerebral arterial gas syndrome, decompression sickness, osteoradionecrosis, and clostridial gas gangrene. However, it is most commonly used as an adjunct therapy. It is beneficial in radiation tissue damage, acute ischemia or crush injury, necrotizing infections, acute anemia, acute thermal burns, compromised blood circulation, and other wide range of conditions.

HBO therapy is administered when the patient breathes HBO in a pressurized chamber and the O2 is delivered systemically. Systemic HBO which is more commonly known as HBOT can be delivered by different types of chambers after proper humidification of 100% pure O2. Mono-place chambers accommodate only one patient with limited pressure capability. This requires little space and treatment protocol can be specified according to the patient's needs. In multi-place chambers, 2-4 patients can be accommodated, a larger space is required and greater working pressure can be generated. However, all patients are treated with the same protocol.

PRMEDICA has multi-space chambers to administer a wide range of treatments.
Sexual Enhancement Therapy

A healthy sex life is a fundamental element in a well-balanced, fulfilling life. Aside from the benefits achieved by human connection, studies show that fulfilling sex life can improve your overall health. Good sex can reduce stress, lower blood pressure and decrease the risk of a heart attack. What's more, it counts as exercise and improves your sleep. Male and female orgasms have similar characteristics, but they also have differences. It is the same for sexual dysfunction. In general, some sexual dysfunction can be attributed to psychological issues and other ones to physiological problems.

All sexual enhancement treatments must begin with the completion of a questionnaire, a consultation with our doctor, and a complete bloodwork and hormone panel to be sure you are a candidate for the best possible results. Regain your best sexual performance. Begin your Sexual Enhancement Therapy today by calling one of our patient care managers to guide you through this rewarding, life-enhancing procedure.

Check the PRMEDICA website to learn more about our Sexual Enhancement Procedures: https://prmedica-inc.com/sexual-enhancement-therapy/

For more information about new treatments available at PRMEDICA send e-mail to info@prmedica-inc.com

Preventive Medicine

Latest Advancements in Preventive Medicine

Medical research has come a long way, and people are now living longer than ever before. The average life expectancy for an American is almost 80 years, and with simple lifestyle changes, many people can live to 95 years and beyond! Simple lifestyle factors such as a healthy weight, regulating blood pressure and cholesterol levels, a balanced diet and staying active can easily add an extra decade or more to your life. And these extra years can be celebrated with the energy, strength, and passion for life you enjoyed in your youth.

PRMEDICA specializes in preventive medicine, with the latest state-of-the-art equipment and technology for accurate diagnosis of your health. We use hospital facilities with the most advanced screening and diagnostic technology to quickly identify many diseases before they start. Every year millions of people die from preventable diseases, many diseases which can be avoided if detected early.
Learn more about the screening tests available from PRMEDICA, including screening tests for colon cancer, heart disease, prostate cancer, mammography and full-body executive check-ups using the latest equipment and technology.

Screening Tests at PRMEDICA

Health Check-up
One of the best methods of disease prevention is to get a health check-up, even if you are healthy. With a health check-up, we can detect many diseases before they start, and find problems early when chances for treatment and cure are better. By getting the right screenings and treatments, you will be on the path to living a longer, healthier life. We offer a variety of health check-up plans which can be tailored to your specific needs. Our signature plan is the Executive Full Body Health Check-Up and is the most thorough health check-up plan available.

Executive Health Check-up Plan
If you lead a demanding, stressful lifestyle, our Executive Health Check-Up is definitely right for you. The health check-up is tailored individually and provides a detailed assessment of your overall physical health. Exams typically include the following tests and consultations:

EXECUTIVE HEALTH CHECK-UP

Includes:
- Detailed medical history and physical examination by an internal medicine specialist
- Full range of screening tests for early detection of cancer, heart disease, and other serious conditions, including full blood tests, cholesterol and lipid profile, urinalysis and blood chemistries to detect diabetes, kidney and liver disease.
- Testosterone testing
- PSA testing
- Cardiovascular fitness evaluation, including resting EKG, cardiac stress test, blood pressure readings
- Pulmonary health evaluation
- Chest X-ray
- Bone densitometry to evaluate risk of bone fracture
- HIV testing
- Abdomen Ultrasound
- Prostate Ultrasound
- Audiology evaluation
- Eye exam with glaucoma screening
- Dermatology evaluation
- Weight, fitness and stress evaluation, including nutrition consults and body composition test.
- Review of medications, vaccinations and immunizations needed for international travel
- Lifestyle assessment, including review of nutrition, stress management, alcohol, tobacco and other indication of disease.
- Exit interview with internal medicine specialist and review of all your tests and a full report which you may wish to discuss with your personal doctor when you return home.

Additional Services:
- CT angiography
- Full body CT scans to identify potential problems and disease
- Colonoscopy*
- Gastroscopy*

(*extra charge)
The consultations and tests for the health check-ups are conducted by skilled English-speaking doctors using the latest equipment and technology and are usually completed within 8 hours, over one or two days. The cost of the Executive Health Check-Up will range from $950 to $3900 US depending on the tests required. Request and complete a comprehensive medical questionnaire and we will provide a free assessment of your health and cost estimate of the Executive Health.

Executive Check-up & Wellness/Anti-Aging Plan:
PRMEDICA has recently developed new, advanced protocols that slow down the aging process, extending one’s lifespan and healthspan for several years. By repopulating one’s aging stem cells with younger stem cells, this can reverse the aging process. (See Anti-Aging Page 11).

Before starting the Anti-Aging program, we recommend that patients over the age of 50 years have an Executive Full Body Check-Up for a detailed and accurate diagnosis of their health. Such as screening tests for colon cancer, heart disease, prostate cancer, for early detection of these diseases, and a healthy diet, and staying active is an important part of the anti-aging program. Contact PRMEDICA for further details.

CT Heart Scan That Could Save Your Life
Coronary heart disease is the main cause of death for men and women in the United States. Every year millions of people die of heart disease, which could have been treated if detected early. The benefit of a CT Heart Scan is that it quickly detects calcium-containing plaque in the arteries. A heart scan can detect heart disease and find problems early when chances for treatment and cure are better.

A CT heart scan is a non-invasive heart imaging test to determine if you have a build-up of calcium deposits in the coronary arteries. The plaque inside the arteries of your heart can build up and can eventually obstruct the flow of oxygen-rich blood to the muscles of the heart. The heart scan, also known as a coronary calcium scan, is a specialized CT scan that provides pictures of your heart so your doctor can identify and measure the calcium-containing plaque in the arteries. Measurement of calcified plaque with a heart scan may enable your doctor to identify possible coronary artery disease long before you have any signs and symptoms. Coronary artery disease (CAD) results in damage to the arteries which are primarily due to plaque and inflammation. Plaque deposits in and on the walls of coronary arteries can restrict the blood to the muscles of the heart. Plaque also may rupture, triggering a blood clot that can cause a heart attack or stroke. Plaque deposits develop gradually over a period of time, long before there are any signs or symptoms of a disease. The imaging test provides an early look at calcium levels.
Now is a good time to get a heart scan to determine your calcium score and your risk for heart attacks in the future. The total cost for the heart scan is under $600 US. Contact our specialists for more information about the screening tests available.

Colon Cancer Awareness

Colon cancer is the second leading cause of cancer deaths among men and women in the US and it is estimated over half of all colon cancer deaths could have been prevented with early detection. Getting screened could save your life. Early detection can help find growths called polyps that can be removed before they turn into cancer. Medical experts recommend that people over 50 years get screened at regular intervals and more frequently for people with a family history of colorectal cancer or polyps or with inflammatory bowel disease. At PRMEDICA, we offer two types of colon screening: virtual or standard colonoscopy.

Virtual colonoscopy

This colon cancer screening test also called computed tomographic [CT] colonography uses a CT scanner to produce a series of pictures of the colon and the rectum from outside the body. A computer then assembles these pictures into detailed images that can show polyps and other abnormalities. Virtual colonoscopy is a newer method of screening the colon and is less invasive than a standard colonoscopy because it does not require sedation. With the combination of newer and faster CT scanners with computer software that can produce images equivalent to an endoscope, virtual colonoscopy seems to be a logical choice in the screening for colon cancer.

The accuracy of virtual colonoscopy is similar to that of standard colonoscopy, and virtual colonoscopy has a lower risk of complications. However, if polyps or other abnormal growths are found during a virtual colonoscopy, a standard colonoscopy will be necessary to remove them and the patient has the option to request a same-day standard colonoscopy to remove abnormalities.

Standard colonoscopy

In a standard colonoscopy, the rectum and entire colon are examined using a colonoscope, a flexible lighted tube with a lens for viewing and a tool for removing tissue. During a standard colonoscopy, any abnormal growths in the colon or rectum can be removed. Studies show that having a routine standard colonoscopy reduces deaths from colorectal cancer by about 60 to 70 percent. Colonoscopy is recommended every 10 years for people at average risk as long as their test results are negative.

To learn more about colon cancer screening tests, arrange a consultation and we will discuss the best options for you. The virtual colonoscopy normally costs $550 USD and a standard colonoscopy is around $850 US. Contact us now for more details.
Other screening tests
PRMEDICA can arrange other screening tests, including tests for prostate cancer, mammography, and general health check-ups using the latest equipment and technology. Contact us for more information.

Medical Tourism
Medical tourism is when people travel to another country for medical or dental care, usually to seek treatment at a lower cost, or treatment not available in their home country. The reasons people travel abroad for health care are fairly extensive and often are based on medical costs, quality of care, shorter waiting times, and the proximity of the destination.

Los Cabos is a leading medical tourism destination. Every year many thousands of people are flocking to Los Cabos to get medical treatments at a fraction of the costs in the USA and Canada. They have discovered the many benefits of medical tourism and combine a vacation in beautiful Los Cabos with medical treatments they can receive at highly rated hospitals and clinics in the region.

PRMEDICA is a leader in medical tourism in Los Cabos and welcomes clients every week from abroad, particularly those from Canada, the USA and the Asia Pacific for treatment at our facilities in Mexico. We make travel arrangements, book accommodations, and provide local transportation to and from our medical facilities, ensuring that our clients have a safe and enjoyable stay when visiting Los Cabos. We take good care of you and will assign a case manager to liaise with you and obtain the most competitive price for your treatment.

Wellness Vacation Packages
PRMEDICA has 3-5 days vacation packages that have been specially designed for clients who are having non-invasive stem cell therapy, screening tests and other minimally invasive, non-surgical procedures. These are outpatient procedures, and the client can plan normal daily activities following the procedure and enjoy their stay in Los Cabos. The packages have been specifically designed so you and your loved one can combine your treatment with a wellness vacation at a top-rated Golf and Spa Beach Resort.
VIP Health & Wellness Vacation includes:

• Comprehensive Executive Health Check-Up customized for your personal health needs, or stem cell therapy or screening tests of your choice.

• 3-5 nights luxury accommodations for two at Sheraton Hacienda Del Mar Golf & Spa Resort, Grand Fiesta Americana Golf & Spa Resort or Hilton Los Cabos Resort.

• Full day at the renowned Somma Wine Spa, Cactus Spa and other leading spas for an array of rejuvenating spa therapies and skin treatments, and daily use of Gym and hydrotherapy facilities (includes $500 US gift voucher)

• Golf at Jack Nicklaus Ocean Course at Cabo del Sol, rated #1 in Mexico, or half-day of Sports Fishing aboard a charter yacht.

• Private chauffeur/hostess for airport transfers, medical appointments, recreational activities and sightseeing tours, providing full concierge services during your stay.

The cost of the Executive Health Check-Up and Wellness Vacation with 3-5 nights luxury accommodations, spa treatments, golf, and personal concierge service is normally less than the cost of having a comparable Executive Health Check-Up in the USA and starts at $4950 US for two people. Price does not include airfare and meals. We have other Health and Wellness Vacation Plans that are more economically priced and will send details upon request. Please contact us by email and we will send a questionnaire which should be completed and returned so we can prepare a vacation package that's customized for your needs.
LOS CABOS
For further information about any of the procedures outlined in this brochure, please contact us by email or telephone.

Contact Info:

Email: info@prmedica-inc.com
Tel: 624 688 8497 | 624 157 1970

CORPORATE HEADQUARTERS MEXICO
Carretera Transpeninsular Km 25, Plaza Esperanza
Cerro Colorado, San Jose del Cabo, B.C.S Mexico 23400

Welcome to
Los Cabos

www.prmedica-inc.com